



San Marcos CISD Resource Map



Name	Services	Contact	Insurance/Fees
MCOT (Mobile Crisis Outreach Team) Hays County	Crisis Hotline	1-877-466-0660	Free
988 Suicide & Crisis Lifeline	24/7 Crisis Resources	988	Free

Name	Services	Contact	Insurance/Fees
Austin Child Guidance Center (children, teens, adults)	Counseling, Psychological Assessments, Psychiatry, Family Therapy, Victim Services *teletherapy available	P: 512-451-2242 https://www.austinchilguidance.org/ 810 W. 45th Street, Austin, Texas 78751	Aetna, Ambetter, Blue Cross Blue Shield, Wellpoint, Cigna/Evernorth, Dell Children's Health Plan, Magellan, Sendero Idealcare, Superior Health Plan, Traditional Medicaid, Tricare, United Health Care, Sliding Scale

Austin Oaks - Branches San Marcos (Ages 12-17, and 18+)	Psychiatric Services, Partial Hospitalization Program, Intensive Outpatient Program	P: 512-440-4800 https://austinoakshospital.com/?utm_source=Google&utm_medium=Yext 1330 Wonder World Drive, Suite 108, San Marcos, TX 78666	Most major insurances, Medicare, Tricare, Managed Care
Bluebonnet Trails	Autism, Behavioral Health, Crisis	P: 844-309-6385	Private insurance, Medicaid, Medicare

only available to Gonzales county	Services, Dental, Family Health Care, Intellectual Developmental Disabilities (IDD), IDD Supported Employment, Peer Supports	https://bbtrails.org/behavioral-health-services/ 228 St George St., Gonzales, TX 78629	
Communicare	Psychiatry/Behavioral Health	P: 512-268-8900 https://communicares.org/healthcare-services/behavioral-health/ 2810 Dacy Lane, Kyle, Texas 78640	Aetna, Ambetter, BCBS, Community First, Humana, Multiplan, Oscar, Tricare, UHC, University Community Care Plan, Medicaid/CHIP, Medicare/Medicare Advantage

Greater San Marcos Youth Council *services Hays county* (Ages 6-18)	Therapy for children living or going to school in Hays County. Also family counseling, parenting classes, anger management classes, youth & family advocacy, groups in schools, truancy intervention	P: 512-754-0500 https://www.gsmyc.or g/services 1402 N Interstate 35, San Marcos, TX 78666	Free
Hays-Caldwell Women's Center	Shelter and Counseling Services to those who have experienced abuse	P: 512-396-4357 https://www.hcwc.org/	Free
Hope Hospice	Grief Counseling	P: 830-625-7525 https://www.hopehospice.net/grief 611 N Walnut Ave,	Sliding scale

		New Braunfels, TX 78130	
Mental Health and Developmental Disabilities Center (Ages 3-17)	Mental Health and Developmental Disability	Crisis Hotline: 1-877-466-0660 https://www.hillcountry.org/	Sliding scale

River City Advocacy/NAMI (Ages 14+)	Support Groups/ Counseling Veterans Services Peer Programs Art and Creative Expression	P: 830-643-0200 https://rivercityadvoca cy.org/events/ 1614 W San Antonio Street, New Braunfels, TX 78130	Sliding scale
SAFE (Stop Abuse for Everyone)	Counseling for survivors of abuse, assault, domestic violence *Phone session available	P: 512-267-7233 https://www.safeaustin.org/our-services/face-to-face-support/counseling/	Free
San Marcos Treatment Center (Ages 6-12, 13-17)	Psychiatric/ Behavioral Residential Treatment	P: 800-848-9090 https://sanmarcostc.com/treatment-services/our-treatment-approach/child-programs/ 120 Bert Brown St, San Marcos, TX 78666	Most major insurances and Tricare
Samaritan Center	Therapy Services	P: 512-451-7337 https://samaritan-center.org/ Multiple locations	Sliding scale

Scheib Center *San Marcos & Hays County* (Respite ages 13-17)	Respite and Intellectual Developmental Disability Program, Case Management, Medication/Psychiatric Services	P: 512-392-7104 https://www.scheibcenter.org/ 1200 N Bishop St, San Marcos, TX 78666	Servicing mainly uninsured and Medicaid
Texas Children's Health Access Through Telemedicine (TCHAT)	Teletherapy/mental health telemedicine	https://sites.utexas.edu/tchat/ (Please contact your campus counselor)	Free
Texas State Mental Health Services	Counseling & Assessment	Counseling: https://www.txst.edu/cas/professional-counseling/counseling-services.html Assessment: https://www.txst.edu/cas/schoolpsychology/clinic.html Education 4032 601 University Drive, San Marcos, TX 78666	Counseling is \$20 per session or less Assessment is sliding scale

Name	Services	Contact	Insurance/Fees

Amy Pezzotti, LPC	Individual Therapy, Play Therapy, Child Parent Relationship Therapy	P: 512-632-1207 https://www.amypezzotti.com/ 589 N. FM 1626, Ste 303, Buda, TX 78610	BCBS, Aetna
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Cedar Creek Counseling	Counseling	P: 512-396-8540 https://cedarcreekassociates.com/ 300 S CM Allen Pkwy ste 400, San Marcos, TX 78666	
Christina Taylor, LPC, PLLC *teletherapy offered	Adolescent Counseling	P:(512) 649-3210 https://www.christinataylorlpc.com/ 115 Kohlers Crossing, Suite 330, Kyle, TX 78640	Aetna, Blue Cross Blue Shield, Cigna, and United Healthcare

Curae Counseling *teletherapy offered	Individual Therapy CBT Therapy Counseling for Anxiety, trauma Couples Counseling EMDR Emotion Focused therapy Group therapy	P: 512-523-8777 https://curaecounseling.com/ 112 Cimarron Park Loop, Ste A, Buda, TX 78610	BlueCross PPO, United Healthcare, Optum
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Essential Wellness *teletherapy offered	Individual Therapy Failure to Launch Syndrome CBT therapy Counseling for Anxiety, New mothers, Trauma, depression EMDR therapy Mindfulness Based therapy Telehealth	P: 512-318-3644 https://essentialwellness-kyle.com/contact 115 Kohlers Xing, Ste 330, Kyle, TX 78640	Insurance varies by provider
Hope Family Guidance, PLLC	Individual Therapy Family Therapy In home and out of home services available	P: 512-262-6020 https://www.hfguidance.com/ 1300 Dacy Ln #235, Kyle, TX 78640	Humana, BCBS of TX, United Healthcare, Aetna Superior, Seton Health Plan-Medicaid & Chip Only, Sendero, Medicare, Medicaid
InMindOut Emotional Wellness Center	Individual Counseling, Family Counseling, Psychological Testing Virtual Sessions available	P: 830-730-6090 https://inmindout.com/about/san-marcos/ 2003 Medical Pkwy, Suite C, San Marcos, TX 78666	Blue Cross Blue Shield, Aetna, Cigna, Magellan, Tricare, OptumHumana, United Health Care, Beacon, MultiPlan, Oscar, UMR, and others

Julia Stirton, LPC Counseling Services	Individual Counseling, Family Counseling, Adolescent Counseling, Play Therapy	P: 512-270-9397 https://juliastirton.wixsite.com/juliastirtonlp_c 1715 FM 1626, Ste 105, Manchaca, TX 78652	BCBS, Aetna, Optum/United Behavioral Health Insurance
Laurie Musick LPC-S	Counseling Virtual Sessions Available	P: 512-643-7752 https://www.smtxco.unseling.com/#home 102 Suttles Avenue, San Marcos, TX 78666	Aetna, Cigna, Lyra, BlueCross and BlueShield, United Healthcare, Magellan
Marilyn Oakes, LPC	Individual Counseling	P: 512-461-9244 http://www.marilynryan-noakes.com/	Various insurances, sliding scale
Melissa Fleming, LPC-S	Individual Counseling, Play Therapy Virtual Sessions Available	P: 512-507-9169 https://melissa-fleming.clientsecure.me/ 589 N FM 1626, Ste 303, Buda, TX 78610	TRICARE East, United Healthcare

Monarch Behavioral Health	Teen Counseling, Child Counseling,	P: 210-384-1254	Cigna, Aetna, Humana, Blue Cross Blue Shield, Optum,

*teletherapy offered		https://monarchbehavioral.net/ 18838 Stone Oak Pkwy, Suite 201, San Antonio, Texas 78258	United Health Care, Ambetter, Tricare, Compsych, Community First, Multiplan, Some Medicaid and Medicare plans
New Braunfels Counseling Center	Individual Therapy, Play Therapy, Family Therapy	P: 830-515-8480 https://www.nbcounselingcenter.com/ 790 Generations Dr STE 410, New Braunfels, TX 78130	Various Insurances
Riverbend Counseling	Individual Counseling, Family Counseling	P: 830-515-8480 https://riverbend-counseling.com/ 1099 N Walnut Ave # A, New Braunfels, TX	Various Insurances

		78130	
Three Oaks Counseling *teletherapy options	Child and Adolescent Counseling, Family Counseling	P: 512-710-0551 https://threeoakstexas.com/ Multiple Locations	Many insurances: https://threeoakstexas.com/financial/
The Timothy Center *teletherapy offered	Individual Counseling, Family Counseling *Christian based	P: 512-331-2700 https://timothycenter.com/	Humana, United Healthcare, Cigna, Anthem, BCBS of TX

		11754 Jollyville Road, Ste 110, Austin, TX 78759	
Vida Clinic *teletherapy offered	Counseling EMDR Play therapy Family therapy	P: 512-960-4533 https://vidaclinic.org/ 1221 W Ben White Blvd # 210A, Austin, TX 78704	Aetna, Ambetter, Multiplan/PHCS, Sendero, Tricare and private pay
Wellspring of Life Counseling & Play Therapy Center, PLLC *teletherapy offered	Child Counseling, Adolescent Counseling Couples counseling Play therapy	P: (210) 680-4747 https://www.wellspringoflifesa.net/ 8627 Cinnamon Creek Drive, Ste 701, San Antonio, TX 78240	Many insurances: https://www.wellspringoflifesa.net/insurances-accepted

Open Path Collective	Network of mental health professionals able to provide in-office and online mental health care at a reduced rate to those in need.	https://openpathcollective.org/getstarted/?gad_source=1&gad_campaignid=20952796920&gbraid=0AAAAAqutCav2PUBu5PRpOOrDyo2nSowil&gclid=Cj0KCQjwm93DBhD_ARIsADR_DjFVqFFDSBntjriKJZCI_6QwyW3njZFPVqzBcY1TEyBZghxIUx5TlpUaAmnwEALw_wcB	Cost varies by therapist.
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Cenikor (Ages 13-17)	Youth Treatment Programs	P: 512-396-7695 ext. 5201 https://www.cenikor.org/locations/san-marcos-texas/ 1205 Texas 123 Suite 200 San Marcos TX 78666	Sliding scale
Positive Recovery Centers	Addiction Treatment Programs	P: 877-468-0689 https://positiverecovery.com/ 300 South CM Allen Parkway, Suite 200, San Marcos, Texas 78666	Aetna, Ambetter, BCBS of TX Cigna, Community Health Choice, Humana, Magellan, Superior Health, UBH/Optum/Oscar (UHC,) and

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Name	Services	Contact	Insurance/Fees
Texas Rio Grande Legal Aid	Legal assistance for families in civil cases	P: 512-374-2700 https://www.trla.org/	Free
Texas Advocacy Project	Legal advice for divorce, custody, and family violence	P: 512-476-5377 https://www.texasadvocacyproject.org/	Free

Name	Services	Contact	Insurance/Fees
Crisis Text Line	24/7 support and	Text: HOME to	Free

	information from a crisis counselor	741741 https://www.crisistextline.org/	
Love is Respect	24/7 support for education, and advocacy to teens and their supports who have concerns about dating relationships	P: 1-866-331-9474 Text: LOVEIS to 22522, online chat https://www.loveisrespect.org/	Free

National Domestic Violence Hotline	24/7 support from advocates and access to resources	P: 1-800-799-7233 Text: START to 88788, online chat https://www.thehotline.org/	Free
National Runaway Safeline (ages 12-21)	24/7 crisis counselor support for those thinking of running away or have ran away from home	P: 1-800-786-2929, online chat https://www.1800runaway.org/	Free
Texas Addiction Hotline	24/7 anonymous support to receive assistance with addiction	P: 866-210-1303	Free
Trevor Project Network	24/7 LGBTQ support from a crisis counselor	P: 1-866-488-7386 Text: START to 678-678, chat https://www.thetrevorproject.org/	Free
Your Life Your Voice	24/7 support for various mental health and self harm resources	P: 1-800-448-3000 Text: VOICE to 20121, email, online chat, app	Free (for AT&T, Verizon, T-Mobile, Sprint, Virgin, Cricket, Nextel, Boost, MetroPCS)

		https://www.yourlifeyourvoice.org/Pages/Tips.aspx	
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Nichole Mueller-McMorris, LCSW	Individual therapy, Couples and Family Therapy, Trauma Certified, DBT therapy, CBT therapy and mindfulness	Nicolemuellermcmorris.com (512)618-7344	Accepts most insurance not including Medicaid.
Felicia Segura, MA, LPC with Prickly Pear Therapy	Therapy A Latina/e/x Trauma-Informed & Culturally-Affirmative Practice	https://pricklypearterapy.com/about-us/ (512) 956-9420 4422 Pack Saddle Pass, Suite 101 Austin, TX 78745	
St. Vincent de Paul Society:	Rental Assistance	https://sanmarcoscatholic.org/social-ministry-svd/ -Located: 624 East Hopkins, San Marcos, TX 78666 (512) 353-7394	
Community Help Resources:	Find Food, employment, housing resources	https://www.auntbert.com/widget/660x234?c=2F8BC5&d=connectva	
Rental Assistance for Veterans:	Financial Assistance	https://www.saluteinc.org/financial-assistance-application/	
Southside Community Center:	Rental Assistance for Hays County	https://www.southsidecommunitycenter.org/direct-assistance English Application: https://static1.squarespace.com/static/62e3da02e933ce08fd1e	

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Blanco River Regional Recovery Team (BR3T) Program:	Rental Assistance for Hays, Caldwell, Blanco and Guadalupe Counties	https://br3t.org/HSS/ Application Page: https://br3t.org/hssapplication/	